

Mexican Changes

Choreographed by Michael Diven (April 2005)

Description: 32 count, 4-wall line dance

Level: Beginner/Intermediate cha-cha

Music Suggestions: *"I've Been In Mexico"* by Blaine Larsen

Step, Drag, Shuffle Forward, Step, Drag, Shuffle Backwards

- 1-2 Step left foot to left side, drag right foot next to left instep (weight on the right foot)
3&4 Left shuffle forward, stepping left, right, left
5-6 Step right foot to right side, drag left foot next to right instep (weight on the left foot)
7&8 Right shuffle backwards, stepping right, left, right

Step Back w/ ½ Turn, Toe Touch, Side Shuffle, Leg Sweep, ¾ Turn Step, Sailor Step

- 1-2 Step back on left foot and pivot ½ turn to the left, touch right toe next to left foot (6:00)
3&4 Right side shuffle to the right
5-6 Sweep left foot around in front or right while pivot in ¾ turn to the right, step weight down on left foot (3:00)
7&8 Right sailor step

Step, Pivot, Step, Coaster Step, Step, Pivot, Step, Pivot, Crossing Shuffle

- 1-2 Step forward on left foot, pivot ½ turn to the left stepping back on the right foot (9:00)
3&4 Left coaster step in place
5 Step forward on right foot while pivoting ¼ turn to the left (6:00)
6 Pivot ½ turn left while stepping left foot to left side (12:00)
7&8 Cross shuffle stepping right over left, left to left side, right over left (12:00)

Step, ¼ Turn, Step, ½ Turn, Shuffle Forward, Step, Hip Sways

- 1-2 Step left to left side while turning ¼ turn left (9:00), step right foot forward while turning ½ turn left (weight is on right foot) (3:00)
3&4 Left shuffle forward
5-6 Step forward on right foot moving hips to the right then back to the left
7&8 Shake hips right, left, right (weight ends up back on the right foot)

REPEAT

This step sheet is provided by Michael Diven – Instructor/Choreographer for Dare 2 Dance Productions.

If you have any questions regarding this step sheet or for booking information please contact us at (717) 436-6756, e-mail us at cwdance@localnet.com or visit us on the web at www.dare2dance.net Dare 2 Dance is available to teach at any country western dance venue across the country and abroad and produces a weekly worldwide newsletter. Send us an e-mail at cwdance@localnet.com with "Subscribe" in the subject line.