

# LAI D BACK 'N LOW KEY

Choreographed by: Peter Metelnick & Alison Biggs

**Description:** 32 count, 4 wall, beginner/intermediate line dance

**Music Suggestions:** "Laid Back 'n Low Key" by Alan Jackson

*Start dancing on the lyrics.*



**DARE 2 DANCE  
PRODUCTIONS**

## **Right Side, Left Together, Right Back Ball Cross, Left Side, Right Together, Left Forward Shuffle**

1-2 Step right side, step left together  
3&4 Step right back, step left back, cross right over left  
5-6 Step left side, step right together  
7&8 Step left forward, step right together, step left forward

## **Right Forward Rock & Recover, 1/4 Right Shuffle, Weave Right 4**

1-2 Rock right forward, recover on left  
3&4 Turning 1/4 right step right side, step left together, step right side  
5-8 Cross left over right, step right side, cross left behind right, step right side

## **Left Cross Rock & Recover, 1/4 Left Shuffle, Right Forward, 1/2 Left Pivot Turn, Walk/Skate/Full Turn Right & Left Forward**

1-2 Cross rock left over right, recover on right  
3&4 Step left to left side, step right together, turn 1/4 left step left forward  
5-6 Step right forward, pivot 1/2 left  
7-8 Step right forward, step left forward (or skate forward right & left)

***Option: full turn left on counts 23-24***

## **Rocking Chair, 1/4 Right Jazz Box Cross**

1-4 Rock right forward, recover on left, rock right back, recover on left  
5-8 Cross right over left, step left back, turning 1/4 right step right side, cross left over right

Repeat

## **Big Ending**

1-6 Rock right forward, recover on left, turning 1/4 right step right side, step left together, step right side, step left forward

This step sheet is provided by Michael Diven – Instructor/Choreographer for Dare 2 Dance Productions. If you have any questions regarding this step sheet or for booking information, please contact us at (717) 651-9453 or e-mail us at [cwdance@localnet.com](mailto:cwdance@localnet.com). You can even visit us on the web at [www.dare2dance.net](http://www.dare2dance.net). Dare 2 Dance is available for any dance venue across the country and abroad.