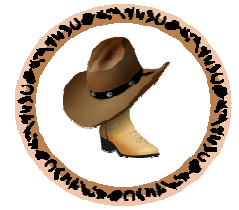


# FRESH

Choreographed by: John H. Robinson



**DARE 2 DANCE  
PRODUCTIONS**

**Description:** 48 count, 4 wall, intermediate line dance

**Music Suggestions:** "Fresh" by Gina G.; "Take It Back" or "Why Haven't I Heard From You" by Reba McEntire; "Wannabe" by Spice Girls; "Heart's Desire" by Lee Roy Parnell

## **KICK-BALL-CHANGES AND STEP, SLIDES**

1&2 Right kick forward, right step ball of foot next to left raising left slightly off floor, left step in place  
3-4 Right long step side right, left slide/touch next to right  
5&6 Left kick forward, left step ball of foot next to right raising right slightly off floor, right step in place  
7-8 Left long step side left, right slide/touch next to left

## **SYNCOPATED TOE POINTS, WALK FORWARD, SHUFFLE FORWARD, ½ PIVOT RIGHT**

1&2 Right toe forward, right step next to left, left toe forward  
&3-4 Left step next to right, right step forward, left step forward  
5&6 Right step forward, left slide behind right in 3rd position, right step forward  
7-8 Left step forward, pivot ½ turn right onto right

## **FORWARD WALKS WITH HIP SHAKES**

1-2 Left step forward, right step forward  
&3&4 Left touch next to right, bump hips left twice shifting weight left  
5-6 Right step forward, left step forward  
&7&8 Right touch next to left, bump hips right twice, shifting weight right

## **KICK, CROSS, UNWIND ¾ TURN RIGHT, CLAP, SIDE SHUFFLE LEFT, ROCK, STEP**

1-2 Left kick forward, left cross over right on ball of foot  
3-4 Pivot ¾ turn right onto right, clap hands  
5&6 Left step side left, right step next to left, left step side left  
7-8 Right rock behind left in 5th position, left step in place

## **CROSSING STEPS TRAVELING RIGHT, HEEL JACKS**

1-2 Right step side right, left step across right  
3-4 Right step side right, left step across right  
&5&6 Right step back, left heel forward, left step to center, right toe touch behind left heel  
&7&8 Right step back, left heel forward, left step to center, right toe touch behind left heel

## **SIDE LEANS/LUNGES AND FORWARD STEPS**

*Styling tip: On the side rocks, lean your body over the rocking foot*

1&2 Right side rock with weight, recover to left, right step forward  
3&4 Left side rock with weight, recover to right, left step forward  
5&6 Right side rock with weight, recover to left, right step forward  
7&8 Left side rock with weight, recover to right, left step forward

## **REPEAT**

This step sheet is provided by Michael Diven – Instructor/Choreographer for Dare 2 Dance Productions. If you have any questions regarding this step sheet or for booking information, please contact us at (717) 651-9453 or e-mail us at [cwdance@localnet.com](mailto:cwdance@localnet.com). You can even visit us on the web at [www.dare2dance.net](http://www.dare2dance.net). Dare 2 Dance is available for any dance venue across the country and abroad.