

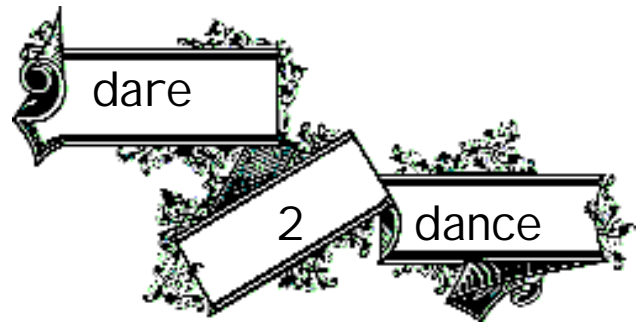
# Dizzy Cowpoke

Choreographed by Micheal Diven

**Description:** 32 count, 2 wall line dance

**Level:** Beginner

**Music Suggestions:** *"Life's A Dance (Remix)"* by John Michael Montgomery



## **Rock, Recover, Rock, Recover, Step, ½ Turn, Rock, Recover**

- 1-2 Step right forward, rock back on left
- 3-4 Step right foot back, rock forward on left
- 5-6 Step right forward, pivot ½ turn to left
- 7-8 Step right foot forward, rock back on left

## **Rock, Recover, Step, ½ Turn, Right Grapevine, Stomp**

- 9-10 Step right foot back, rock forward on left
- 11-12 Step right foot forward, pivot ½ turn to left
- 13-16 Grapevine right, stomp left foot next to right

## **Grapevine Left, Stomp,**

- 17-20 Grapevine left, stomp right next to left (weight on left foot)
- 21-24 Forward turning grapevine stepping right, left, right, left, turning 1 ½ pivots to the right (weight ends on the left foot back)

## **Walk Backwards, Step, Drag, Step, Touch**

- 25-28 Walk backwards stepping right, left, right and touch left toe next to right
- 29-32 Step forward on left, drag right next to left, step forward on left, touch right next to left

Repeat and have fun!!!

**Choreographers Note:** *For some fun, line up in rows facing each other, but not directly in front of another person. Space yourselves so that everyone is standing facing the spaces across from them. When you do the turning forward vine (counts 21-24) you will cross the lines during the 1 ½ turn. Gives this dance a new twist.*

This step sheet is provided by Michael Diven – Instructor/Choreographer for Dare2dance.net  
If you have any questions regarding this step sheet or for booking information please contact us at  
(717) 436-6756, e-mail us at [cwdance@localnet.com](mailto:cwdance@localnet.com) or visit us on the web at [www.dare2dance.net](http://www.dare2dance.net)