

Hit Me Up

Choreographed by Michael W. Diven (cwdance@localnet.com) and Christopher Petre (PetreThePirate@MutinyOnTheDanceFloor.com)

Description: 48 count, 2-wall intermediate/advanced line dance

Music Suggestions: "Hit Me Up" by Gia Farrell, 102 BPM, from the "Happy Feet" motion picture soundtrack

1-8, Slip Step-Knee Roll, Slip Step-Knee Roll, Side Rock & Cross, $\frac{3}{4}$ R Triple Step

- 1&2 Lunge right foot to right side while left toe slips out to left side (all on count 1), drag left toe in next to right (& count), roll left knee out to left while stepping down on left heel
- 3&4 Lunge right foot to right side while left toe slips out to left side (all on count 3), drag left toe in next to right (& count), roll left knee out to left while stepping down on left heel
- 5&6 Rock right foot to right side, recover weight back to left foot, cross right foot over left
- 7&8 Pivot $\frac{1}{4}$ right stepping back on left foot (3:00), pivot $\frac{1}{2}$ right (9:00) stepping forward on right, step forward on left foot

9-16, Mambo Forward, Mambo Back, Step-Quarter-Cross, Step Side, $\frac{1}{2}$ R Step Side

- 1&2 Step forward on right foot, step left foot in place, step together on right foot
- 3&4 Step back on left foot, step right foot in place, step together on left foot
- 5&6 Step forward on right foot, pivot $\frac{1}{4}$ left (6:00) stepping onto left foot, cross right foot over left
- 7 Step left foot to left side prepping to turn right
- 8 Complete a $\frac{1}{2}$ turn right (12:00) stepping the right foot to right side
Restart here, once, on 7th wall (4th time starting on front wall)

17-24, Ball Cross, Hold, Rock-Recover-Cross, $\frac{3}{4}$ R Monterey, $\frac{1}{2}$ R- $\frac{1}{2}$ R-Press

- &1-2 Bring left foot next to right, cross right foot over left, hold on count 2
- 3&4 Rock left foot to left side, recover weight back to right foot, cross left foot over right
- 5,6 Touch right toe to right, pivot $\frac{3}{4}$ right (9:00) while on left foot stepping right foot forward
- 7&8 Continue turning $\frac{1}{2}$ right (3:00) stepping left foot next to right, continue turning $\frac{1}{2}$ right (9:00) stepping right foot in place, press forward on ball of left foot (weight is on both feet)
(Take it easy! 7&8 – step forward on left, step together right, press forward on left)

25-32, Tap-Tap-Kick, Coaster-Cross, Rock Side, $\frac{1}{4}$ Pivot L, Step-Tuck- $\frac{1}{2}$ L Knee Roll

- 1&2 Tap left heel down 2 times, then low kick left foot forward
- 3&4 Step back on left foot, step right foot to the right side, cross left foot over right
- 5-6 Side rock to right side, turn $\frac{1}{4}$ left (6:00) recovering weight on left foot
- 7&8 Step forward on right foot, bring left knee in next to right (& count), pivot $\frac{1}{2}$ left (12:00) keeping the weight on the right foot as you roll the left knee out (keeping the left toe on the floor and the heel up!)

33-40, $\frac{1}{2}$ L- $\frac{1}{2}$ L-Knee Roll, Sweep Behind-Side-Cross, Ball Cross, Hold, Ball- $\frac{1}{4}$ L Step-Point

- 1&2 Turn $\frac{1}{2}$ left (6:00) stepping in place on ball of left foot, pivot $\frac{1}{2}$ left (12:00) stepping back on right foot, roll the left knee out (keeping the left toe on floor and heel up)
- 3&4 Sweep the left foot behind and step right, step right foot to the right side, cross left over right foot
- &5,6 Step on right foot to the right side, cross the left foot over the right, hold for count 6
- 7&8 Step forward on right foot, turning $\frac{1}{4}$ left (9:00) step together on left foot, point right toe to right

This step sheet is provided by Michael Diven – Instructor/Choreographer for Dare 2 Dance Productions.

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41-48, Cross-Together-Push, Behind-Side-Forward, ¼ L Point, And Point, And Cross, Full Turn Unwind

- 1&2 Cross step right foot over left, turn to face right diagonal (10:30) stepping together on left foot, push arms forward and with knees locked push tush back prepping weight onto right foot
- 3&4 Step left foot behind right, step right foot to right side squaring off to side wall (9:00), step forward on left foot
- 5&6 Turn ¼ left pointing right toe to right, step together on right foot, point left toe to left
- &7,8 Step together on left foot, cross right over left, unwind one full turn left ending with weight on left

REPEAT



Pirate Seal of Approval

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