

Life Is A Highway

Choreographed by Michael W. Diven and Lynne Flanders

Description: 32 count, 4 wall, intermediate line dance

Music Suggestions: "Life Is A Highway" by Rascal Flatts

Start the dance after the first 32 counts.....you will be starting the dance 8 counts before the lyrics.

Rock, Recover, Right Coaster Step, Step, Toe Touch, ½ Turn Twist

- 1-2 Rock forward on right foot, recover weight back to left
- 3&4 Right coaster step in place
- 5-6 Step forward on left foot, tap right toe behind left foot
- 7&8 Twist heels left, right, left while pivoting ½ turn to the right

Step, Toe Touch, Left Shuffle, Step, ½ Pivot, Quick Rock-Recover-Step

- 1-2 Step back on right foot, tap left toe across the right foot
- 3&4 Left shuffle forward stepping left, right, left
- 5-6 Step forward on right foot, pivot ½ turn to the left
- 7&8 Cross rock right over left foot, recover weight back to left and step right foot to right side

Cross Step, Side Step, Turning Left Sailor Step, Rock, Recover, Step Lock Backwards

- 1-2 Cross left foot over right foot, side step right foot to the right side
- 3&4 Left sailor step with a ½ turn left stepping left, right, left
- 5-6 Rock forward on right foot, recover weight back to left
- 7&8 Step right foot back, lock left foot across right, step back on right

Toe Touch, ½ Pivot, Quick Rock-Recover-Step, Cross Step, Side Step, Left Coaster with ¼ Turn

- 1-2 Touch left toe back, pivot ½ turn left
- 3&4 Quick rock step right across left, recover weight back to left foot, step right foot to right side
- 5-6 Cross step left over right, right foot to right side
- 7&8 Left coaster step with a ¼ turn to the left

BEGIN DANCE AGAIN.

Choreographer's Note: When finishing the dance, during the last "7&8" count feel free to do a turning coaster step. This will make the dance a little bit of a challenge and fun for some of the more advanced dancers.

This step sheet is provided by Michael Diven – Instructor/Choreographer for Dare 2 Dance Productions.

If you have any questions regarding this step sheet or for booking information please contact us at (717) 651-9453, e-mail us at cwdance@localnet.com or visit us on the web at www.dare2dance.net Dare 2 Dance is available to teach at any country western dance venue across the country and abroad and produces a weekly worldwide newsletter. Send us an e-mail at cwdance@localnet.com with "Subscribe" in the subject line.