

Bad Day

Choreographed by Michael Diven (May 2006)

Description: 4 wall, 32 count, intermediate line dance with 1 restart on the 4th wall

Music: "Bad Day" by Daniel Powter

Right, Rock, Recover, Left, ¼ Turn Rock, Recover, Cross Rock, Recover, Right Side Shuffle

- 1-2& Side step right to right side, rock back on left behind right, recover weight back to right foot
3-4& Step left to left side, turn ¼ turn right while rocking back on right foot behind left, step left foot to left side
5-6 Cross rock right over left, recover weight back to left foot
7-8& Side shuffle to the right, stepping right, step left next to right, step right to right side

Cross Rock, Recover, Left Side Shuffle, Cross Step, ¾ Unwind, Full Turn Shuffle

- 1-2 Cross rock left over right, recover weight back to right foot
3-4& Side shuffle to the left, stepping left, step right next to left, step left to left side
5-6 Cross step right over left, pivot ¾ turn to the left (weight ends on left foot)
7&8 Right shuffle forward, turning 1 full turn while stepping right, left, right

Rock, Recover, Left Sailor, Right Lunge, Syncopated Grapevine Left with ¼ Turn Left

- 1-2 Rock forward on left foot, recover weight back to right
3&4 Left sailor step
5-6 Lunge right with a rock on the right foot, recover weight back on the left foot
7&8 Step behind left foot with right foot, step left foot to left side, cross right foot in front of left foot turning ¼ turn to the left (weight forward on right foot)

Sweep with ½ Turn, Step, Right Side Shuffle, Rock, Recover, 1 ¼ Turning Shuffle

- 1-2 Sweep left foot out front and around behind right foot while pivoting ½ turn to the left (weight on left foot behind right)
3&4 Right side shuffle stepping right, left next to right, right to right side
5-6 Rock back on left foot, recover weight to right foot
7&8 Turn 1 ½ turn to the left while stepping left, right, left (weight ends on the left foot)

Begin Again.....Have fun!

This step sheet is provided by Michael Diven – Instructor/Choreographer for Dare 2 Dance Productions.

If you have any questions regarding this step sheet or for booking information please contact us at (717) 651-9453, e-mail us at cwdance@localnet.com or visit us on the web at www.dare2dance.net Dare 2 Dance is available to teach at any country western dance venue across the country and abroad and produces a weekly worldwide newsletter. Send us an e-mail at cwdance@localnet.com with "Subscribe" in the subject line.